Our focus has been transport which we have been exploring through art activities, books, pictures and brainstorming all the different ways we can travel around - one child, rightly, said that our legs were a sort of transport.

Highlights have been
* Excursion to the Metropolitan Fire Station and Axel Stenross museum in Port Lincoln.
* Kerry Franks brought a truck for the children to see and study
* Children have been very involved in dramatic play where they set up a fire truck and acted out fighting fires. We also changed the cubby into a shearing shed and children were catching and shearing "sheep", settling up yards and classing the wool. The play was very imaginative where children were cooperating in a shared play situation..
* We set up a pretend train where children bought tickets from the "conductor" and went on a ride. Extension of this was stories, songs and discussions about trains they have seen.
* Talked about how we get to kindy and each child had a map to show how they got there.
* Drama focus has been "Caps for Sale" - children are confidently taking on and acting out the roles.
* Researching different types of transport all over the world has promoted discussion about diversity and valuing differences.

UNDER OUR SUNSAFE POLICY children, staff and adults are required to wear a hat from 1st September to 30th April whenever they are outside. Please remember to send a hat in your child’s bag. All our policies are in the sign in area to read if you would like to.

We have hats for sale $5.00

BUSHFIRE ACTION PLAN
A copy of the plan is in the sign in area and in the Parent Policies folder. We are rated as a low/moderate fire danger and will not be closing on a fire ban day. If the day is rated as Catastrophic the buses will not run but we will let you know as soon as we can.

UNIVERSAL ACCESS
The SA Govt in partnership with the Commonwealth Govt have signed an agreement to implement Universal Access to Early Childhood Education to ensure all 4 year old children have access to 15 hours of preschool per week prior to entry into school. We will be implementing 15 hours of preschool from beginning of term 3 2011. We have surveyed and the extra session will be on Wednesday afternoons. More details later.....
Are your children getting enough sleep?

Sleep is something our bodies need to do to function normally. It is important because it maximises brain growth. It prepares children to learn tomorrow. Toddlers (ages 1-3) and Preschoolers need about 10-12 hours sleep and it is very important to help children develop good habits for getting to sleep. Establishing a bedtime routine helps children relax and get ready for sleep. Here are a few suggestions to establish that routine.

A winding down routine during the half hour before bedtime—eg. Reading a story, cleaning teeth, no TV
Stick to a bedtime, alerting your child both half and hour and 10 minutes before
Set fixed times for going to bed
Keep consistent mealtimes
Make the bedroom quiet, cosy and dark
Keep bedrooms for sleep and not TV
Sleep is very important to a child’s wellbeing. A lack of sleep can have a negative effect on children’s behaviour and interfere with their learning, daily routine and social relationships. Sleep is something our bodies need to do—it is not an option.

Help your child to be healthier, learn better and enjoy life by ensuring they are getting atleast 9-10 hours sleep a night.

For more information—www.parentingideas.com.au